



# NEWS & VIEWS

VACVPR

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APRIL 2016

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## VACVPR Board 2015-16

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*Mary Beth Winney RN*

## A MESSAGE FROM THE PRESIDENT WENDY TAYLOR M.S. CCRP

Happy Spring to everyone! I am enjoying all the daffodils and other flowers that are starting to bloom, letting me know that is almost time for our annual VACVPR conference. The year has flown by and that also means by year as President of the VACVPR is coming to an end.

I would like to take this opportunity to let everyone know how great the experience serving on the board of the VACVPR has been for me over the last few years. The diversity of the board was very helpful with solving problems with policies, procedures, audits and staffing requirements. We used "Google" to search for information on what to do in certain situations, but knowing a person to reach to gain some perspective can be more enlightening than any search engine.

Over the years, my program has gone through cardiac and pulmonary rehab audits.

It was the resources that I had from the VACVPR that helped my program make the changes that assured us to be successful in defending our program during the audits. I do not deny that we need the AACVPR on a national level, but having the representation in Virginia to stand up and ask the questions regarding changes in reimbursement and procedures has been a huge benefit for the programs in Virginia. We have to be prepared to address expectations by the Medicare contractors so that we can continue the valuable services for our patients.

The decision to run for president was something that I had thought about for the last 5 years, but for one reason or another I didn't feel like I could take on the responsibility. I am very happy that I pushed aside my doubt and jumped in. Planning last year's conference was stressful, but with that came a great sense of accomplishment

once it was over. I felt it was a successful conference.

As president of VACVPR, I attended the AACVPR conference in Washington D.C. and had lunch with other presidents from around the country. It was a tremendous opportunity to hear stories from around the country. If you have never attended a national conference, I encourage you to do so. If you cannot, then please consider attending our state conference. It is a great networking and educational opportunity. We have great speakers from around the state.

I look forward to seeing you all in Hampton. Please stop me and ask any questions if you are considering joining the board in any capacity. I thank you for the opportunity to serve as your president for the past year and look forward to all the good things that are to come for

**Note from the Editor: Consider Becoming Involved Candy Falt RRT BS**

I was introduced to the organization by a very caring and involved individual, Sally Gammon. She fostered and encouraged my involvement. I was amazed at her dedication to both the organization and of course her patients. Since attending my first meeting, I have held many positions and stayed involved with the board. I started as a Member-At-Large, became Professional Liaison and then to Vice President. My current function is putting together our

newsletter.

I have been involved with the VACVPR and attended every annual conference for the past 10 years and several national conferences. I have been involved with other organizations and attended other national meetings.

I can honestly say that none surpass the passion that our state organization, the VACVPR, has for education and commitment to members and the

Patients that we help manage.

Many of you are missing out on the opportunities that come along with being involved with the state organization.

I hope that each of you consider the possibility of working with the Board or a committee. It is fun, informative, and can be surprisingly rewarding.

Please feel free to contact me with any questions.

[cjfalt@yahoo.com](mailto:cjfalt@yahoo.com)

All disciplines are encouraged to become involved:

Including  
Physical Therapists  
Occupational Therapists  
Dieticians  
Respiratory Therapists  
Exercise Physiologists  
Nurses  
Pharmacists  
Physicians



*29th Annual Conference  
April 30-May 1, 2016  
Crowne Plaza Hampton Marina*

**148 members– 55 have registered  
Still time to Register– Don't Miss out  
Visit [VACVPR.com](http://VACVPR.com) to register**

*AACVPR Certified  
Cardiac Rehabilitation  
Professional Exam  
Is being offered April  
29 1:30-4:30*

*Register for exam  
online at [AACVPR.org](http://AACVPR.org)*

Crowne Plaza Hampton Marina  
700 Settlers Landing Rd  
Hampton, VA 23669

Call 1-866-375-6054 to  
Reserve your rooms now

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Staff competencies  
Best Practice and Reimburse-  
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nary programs  
Alternative Tobacco Products

Raffle  
CEU's  
Networking  
FUN

See you There!

**Register before April 15 for Discounted Rate**

Just a reminder that early registration for the 2016 Annual Conference runs through April 15, which is almost upon us! If you haven't registered yet, your registration needs to be **paid online, or your registration & check postmarked, by April 15 in order to be eligible for the early registration fee of \$130.**



## Important: Technology Update

### Hope Sellon RRT AE-C Technology Chair

The website will be undergoing some changes in the next few weeks.

For the time being, we are closing the Members Only section of the site. If a page is posted that is for members only, members will be notified of the page and the password that they can use to access that particular page.

If the page is specific to an event, like the VACVPR annual conference, and contains content only for attendees, attendees will be similarly notified.

If you are attending the Annual Conference, the available PowerPoint presentations will be posted online for download prior to the conference on April 25th. The PowerPoint presentations will remain on the website until May 13th if you want to download them after the annual conference. If

you are a registered attendee, on April 25th you will be emailed the password to access the page.

If you want copies of the PowerPoint presentations from last year's annual conference that is on the website, please download them by May 13th. After May 13th the slides will no longer be available.

Please check on our Health and Science and the Public Policy information areas for updates!

If you are interested in taking the CCRP exam, information is posted on the website along with the information regarding the Annual Evaluation!

If you are moving and need to find another job within

Virginia, please check our Careers page to see if there is a job posting for you!

If your facility has a job opening that you would like to have listed on the website, please contact the Technology board member with the information. Please note we will only post a job for 30 days at a time. After 30 days the job listing will be removed from the website unless the Technology board member is notified that the job is still open.

Technology Chair:

Hope Sellon

[hope.sellon@inova.org](mailto:hope.sellon@inova.org)



*No, its not a  
crystallized Lady Bug.*

*This was from a  
plasticized display at  
a Science Museum.  
Actual Lung  
specimen.*

## Regional Workshops: Tammy Duncan RN Vice President

WOW! We had two great regional workshops.

Special thanks to Diane Tucker at Johnston Memorial Hospital and to Suzi Poe, Bon Secours and St. Mary's Hospital and everyone that assisted them.

Both of these workshops provided beneficial networking opportunities and valuable education to help us provide better care for our patients.

There will be a regional workshop on October 29 at Sentara Halifax Regional Hospital in South Boston.

If you are interested in hosting a regional workshop in your area please contact Tammy Duncan at

[tmduncan@carilionclinic.org](mailto:tmduncan@carilionclinic.org)

or

**540-731-2721**

