



VACVPR

Virginia Association of CardioVascular & Pulmonary Rehabilitation

2016 MEMBERSHIP FORM

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**YOUR CURRENT MEMBERSHIP
EXPIRES 12/31/15**

MESSAGE FROM THE PRESIDENT

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The AACVPR would like to provide you an update and a 'next steps' action plan for **Finding the N** which helped us in identifying **2,685 CR** and **1,758 PR** programs nationwide in 2014. This project is very important to not only the association, but to Cardiac and Pulmonary Rehab as a whole. We are excited to share with you the 'next steps' of **Finding the N**. In 2014 we located the number of cardiac and pulmonary rehab programs in the nation and where they are located. *Now we would like to locate the professionals working in these programs.* We are confident that gaining more insight to our potential members give us better opportunity to create and deliver an increased volume of improved resources. We want to be able to provide this support.

Please follow the steps below to assist us in this project that we know will not only help the AACVPR but also you at a local level within your affiliate! It is only through supportive efforts like Finding the N that we have been able to grow our profession:

1. Please reach out to the Program Directors/Managers in your affiliate's region and distribute the following SurveyMonkey link: <https://www.surveymonkey.com/s/R7YCV7T>
2. Please let them know that we would like them to complete the survey by **Nov 13, 2015**.
3. If asked, please be clear that providing email addresses for their staff is **NOT** mandatory. Also, all information provided will be kept confidential and will not be shared with any other organization or group.
4. Please set a reminder to correspond with the Program Directors/Managers for a "status update."

We all know that there are individuals in our profession that are unaware of AACVPR. This obviously means they are not aware of the many valuable benefits AACVPR has to offer including legislative/regulatory updates, Program Certification, Professional Certification (CCRP), Cardiac & Pulmonary Rehab Data Registries, etc. We work diligently to provide you all of the resources available so that each professional, and program, can learn more to allow for growth and ultimately deliver better care. The AACVPR is here to serve each and every professional in cardiac and pulmonary rehab and we can only accomplish this by knowing where these programs are, but also, who the professionals are that work in these programs. Thanks! let me know if I can do anything to help you.

Wendy Taylor M.S.
 VACVPR President
 Clinical Informatics Specialist
 Riverside Shore Memorial Hospital
 757-414-8393
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[[[[[[[[Planning Ahead]]]]] [[Committee Chairs]]]] [[Volunteers Needed]]]]]

Hi everyone.

The Board of Directors is working very hard planning our next conference. I hope you plan on attending this coming spring. We are finalizing venue and speakers. Please check our website frequently for further updates. Our membership drive is underway, remember that your 2015 membership ends on December 31st and will need to be renewed prior to January 1st.

We are still looking for a member at large, if you want to join a great group of professionals and get the latest information for your program, joining the board is a wonderful start.

Please let any of us know if we can do anything for you or your program, we are just a phone call away.

Enjoy the beautiful fall weather

Linda Costello RN

Past President

VACVPR Vendor Chair

Fall Greetings! I am formulating my potential vendor list for the 2016 Annual VACVPR Meeting. So, if there is a vendor you have a great relationship with and would like to attend our meeting to share their information, please forward their name and email address to me as soon as possible! On the other hand, if there is a vendor suggestion, please email me and give me ideas so I can find the vendor to attend for everyone to appreciate!!!

Last year, we had terrific vendor support and I hope to be able to provide the membership with a similar experience for our meeting in Hampton!!

If anyone is interested in helping me on any of these efforts, I would be happy to have you on my committee! Happy Fall,

Shari Sager Denecke, MS, FAACVPR, ACSM CEP, CET, CCRP

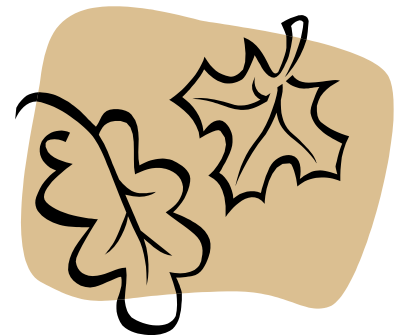
Exercise Physiologist

CardioPulmonary Health and Fitness

(540) 741-1308

fax (540) 741-1350

shari.denecke@mwhc.com **email me anytime!**



Technology Chair Report

The website www.vacvpr.com has been undergoing updates and additions.

The quarterly newsletter has been updated and the old newsletters placed on an archive page for future reference. The Health & Science section has been updated. A Public Policy Information and Updates section has been added to the main page of the website. Influenza information has been updated with latest CDC recommendations. More updates coming soon!

Board Position: Technology

Description: Manage the content of the VACVPR webpage including: posting updates on relevant billing policies, updating information regarding new drugs or Cardiopulmonary Rehabilitation practice guidelines, job listings in Virginia, online registration for VACVPR and annual conferences.

If there is information you would like to see on the website, updated information to post to the webpage, or you are having trouble navigating the website, please notify the Technology Board Member Hope Sellon at hope.sellon@inova.org.

[[[[[[Get INVOLVED]]]][[[Learn]]]][[LOVE your Career]]]][[Honor Others]]]

Professional Liaison Committee:

This committee's purpose is to encourage collaboration among the various disciplines within the realm of Cardiac and Pulmonary Rehabilitation. These disciplines include: nursing, exercise physiology, physical therapy, respiratory therapy, nutrition, industrial, and behavioral science. One of the responsibilities including sharing information within your discipline that would benefit patient care and/or staff development.

A side benefit of being part of this committee would be enhancement of your own personal resume/work experience. I am currently resuscitating this committee, sooo if you or someone you know may want to join us contact me at 540-489-6531 or email mbwinney@carilionclinic.org.



Call for Nominations

Searching for a team that just won't quit?
Want to be part of an exciting line-up?
Have you always wanted to be a change-agent?
Looking for an avenue to explore and share new ideas?
Do you like to brainstorm and network with colleagues?
Are you a good organizer?

The VACVPR is looking for some folks searching for an opportunity to become more active within the state organization. If you, or someone you know, are interested in joining a very proactive organization that makes a difference, consider joining the team. We are ISO our next President-Elect and Vice President.

President-Elect – oversees the Annual VACVPR conference

Vice President – oversees Regional Workshops

Our current VP, Tammy Duncan, states: "I am thankful to have been offered the opportunity to serve on the VACVPR Board. All of the board members and former board members have been extremely helpful in making me feel comfortable and are willing to help me any way they can. I have been in cardiac rehab for 12 years and I am wondering why I didn't get more involved in our state organization before now. The state conferences are great and I would be willing to help anyone set up a local workshop"

Our current Secretary, Amy Horsley, says: "I am grateful for the opportunity to receive knowledge from other board members, hearing about other cardiac rehab programs, and learning more about AACVPR."

So give it some serious thought, and then contact me:

Mary R. Davis at MRD8S@virginia.edu

I have benefited from the success of 100% team effort and support, so can you.

Nominations needed by the end of November

Above and Beyond

Compassion

Dedication

Creativity

Thinks out of the box

Doesn't take NO for an answer



Look around you. Surely you know someone who fits these descriptive words. This is the time to call for nominations for the 2016 VACVPR Above and Beyond Award. This award is presented to a member of VACVPR who demonstrates a desire to make a difference in their cardiopulmonary program. Someone that has new ideas or added services for their program, patients, or coworkers. A member who takes their profession to the next level, heightens awareness of the benefits of CR and PR, and gets off the bench to play hard everyday. If you know of someone that deserves to be recognized for their commitment, let us know. The nominee will receive a VACVPR membership and registration to the VACVPR conference. The nominee must be an active member of VACVPR and not a member of the VACVPR Board. The nominations can come from managers, coworkers, or patients. **Look around you.** Then send in a name and all the reasons why the award should be given. Selection to be made by the end of the year. MRD8S@virginia.edu Thanks so much, Mary



THE ROBIN CUFFE SCHOLARSHIP

Do you remember your first professional educational experience, getting the latest up-to-date information, meeting new colleagues, participating in networking, learning new tools of the trade to share with your coworkers? Robin Cuffe was instrumental in helping to build the foundation of VACVPR. I met Robin years ago when I first joined VACVPR. Her passion for the organization, both state and national, lit a spark for me and for so many others. Her dedication and commitment was extraordinary. Her husband wanted to honor Robin's legacy by providing financial opportunity for someone to attend the state conference who may otherwise not be able to come.

Think of someone who has not been able to attend the conference in some time, or at all. A nominee could also be someone new to the field of CR/PR and encouraged to be more involved in their practice. Fresh ideas can only enhance our organization's possibilities. Sometimes budget cuts leave folks behind. The deserving individual would be awarded a VACVPR membership and conference registration.

Send your nomination by the end of the year. MRD8S@virginia.edu

