

A woman with long dark hair, wearing a black long-sleeved top and blue pants, is sitting in a meditative lotus position on a path covered in fallen orange and red autumn leaves. She has her eyes closed and her hands are held out to her sides in a mudra. The background shows large trees with vibrant autumn foliage in shades of orange, red, and yellow. The scene is outdoors, likely in a park or a wooded area.

VACVPR

HOT TOPICS

Term: Fall | Date: November 1, 2018

MESSAGE FROM THE PRESIDENT

On behalf of the 2019 VACVPR Board I would like to thank you for your continued support of VACVPR! Your dedication and commitment to the profession and to the patient's you serve is admirable. It is through the devotion and hard work that each of you put in on a daily basis that continues to push the field of Cardiopulmonary Rehabilitation forward, especially challenging during the changing environment around Health Care.

Over the past year as I served as President-Elect, I had the good fortune to work with many dedicated and talented people. Each previous president has brought a unique blend of energy, intellect, wisdom, clinical expertise and strong leadership. We made remarkable progress over the last year behind the leadership of Tammy Duncan, our 2018 President. She spent countless hours keeping the organization moving forward, answering e-mails, asking the pertinent questions all while coordinating with her very busy professional schedule. The organization continued to move forward with the very successful AACVPR Joint Affiliation. We saw our membership grow with many new faces getting involved at the Board level!

The 2018 Conference held in Richmond VA was a resounding success. We had 118 attendees, 12 strong speakers and 15 Vendors in support of the Annual Meeting. Our committed vendors continued their strong support in Richmond, providing \$11,000 toward the conference while giving us the opportunity to see firsthand their newest products, services and expertise. The speaker feedback received from you, our members, was very positive. We listen to your feedback every year and try and provide the topics that you ask for. We have listened again this year and are in the process of putting together another very successful Annual Meeting program for you.

The Board has met twice this year and will meet again Nov. 6th, 2018 Richmond VA. The 2019 Budget will be finalized and our 2018 Financial Audit will be complete. We face tough decisions around our budget as expenses to put on the conference have increased while our cost to attendees has remained flat for the last several years along with our Annual Conference budget. We wanted to make certain that Annual Conference cost was not a factor in maintaining a robust membership as we became a Joint Affiliate Chapter over the last two years. We will make decisions on the cost of attending the Annual Conference and budget with a clear understanding that we will continue to offer the high quality programming our members have become to expect and count on.

New faces are always needed in the organization and we look forward to your continued involvement. Please reach out to any board member if you are interested in expanding your role within VACVPR! Please feel free to email your board member at admin@vacvpr.com

Sincerely,

Ross Barber

Ross_barber@bshsi.org

President VACVPR

REIMBURSEMENT QUESTIONS?

Please contact our **Cardiac Liaison:**
Marianne Sherman at
mariannesherman@inova.org for
any questions regarding
reimbursement for Cardiac Rehab

Please contact our **Pulmonary**
Liaison: Gerilynn Connors at
Gerilynn.connors@inova.org for
any questions regarding
reimbursement for Pulmonary Rehab

Please contact our **PAD Liaison:**
Donna Gagnon at
DMCERNIG@sentara.com for any
questions regarding reimbursement
for PAD Rehab

2018/2019 BOARD MEMBERS

President: Ross Barber

Past President: Tammy Duncan

President Elect: Jennifer Smith

Vice President: Debbie Wilkinson

Treasurer: Mary Beth

Secretary: Ciara Jones

Historian/CEU Coordinator: Cathy Reece

Standards: Linda Costello

Vendors: Tammy Duncan/ Wendy Taylor

Nominations and Elections: Donna

Gagnon

IT Specialist/ WEB/Newsletter: April

Felts

Bylaws: Kimberly Haney

Research: Mary Priddy

Members at Large:

Rebecca Kopelen

Abigail Toth

Jennifer Shepherd

SCHOLARSHIP AND AWARD OPPORTUNITIES

Robin Cuffe Education Scholarship

Are you seeking the latest, up-to-date information to keep your practice current? Do you learn from others by networking and learning new tools of the trade? Robin Cuffe was passionate about our organization on both a state and national level. She was a wonderful mentor to those in our field!

This scholarship, established by Robin's husband in honor of her legacy, provides the financial opportunity for a Virginia Cardiopulmonary Rehab Professional. Someone who may be new to the field of CR/PR who would benefit from this educational offering or maybe an experienced member whose career would be enhanced by this educational offering!

The winner of this award will receive

- Free registration to the 2019 VACVPR Annual Conference
- Free hotel room to attend the conference

Think about a deserving individual and send me your nomination on the attached application! Deadline to receive nominations for this scholarship will be **December 1, 2018**.

Jackie Bunn Above and Beyond Award!

Compassion, dedication, creativity...surely you know someone fitting these words. Jackie Bunn served on the VACVPR Board for many years, starting at the beginning. She helped promote our organization throughout the state.

Like Jackie, this person would heighten awareness of the benefits of CR and PR, both within the organization and in the community. Maybe this person has added new services for their program? Someone that strives to make a difference? This person is committed to professional excellence. The nominee must be an active joint affiliate member of AACVPR/VACVPR and not a Board member.

The winner of this award will receive an AACVPR/VACVPR Joint Affiliate membership for 2019!

Please send your nomination to Donna Gagnon at dmcernig@sentara.com. Deadline to receive nominations will be **January 31st, 2019**. We will make our selection and announce the winner by the end of this year so they will be ready to attend the VACVPR annual conference in the Spring!!

Thank you!

Donna Gagnon, VACVPR Nominations and Awards chair.

2019 VACVPR Conference

Save the Date:

The 32nd VACVPR Annual Conference will take place May 4th -5th, 2019 in Portsmouth, VA

EDUCATION UPDATE

AACVPR is presenting a live webcast on **November 14th , 12PM CST** (1 pm our time!) on **Incorporating Neurological Patients into Cardiopulmonary Rehabilitation**, Rebecca Crouch PT, DPT, MS, CCS, MAACVPR Cardiac, Pulmonary. This webcast is free for all Education Advantage & Joint Affiliate Members. Sign up is online @ AACVPR.org. Remember, if you can't view the webcast at time of presentation, you will be able to watch it as an online webinar later-also for free!

Fauquier Hospital in Warrenton will be sponsoring a **VACVPR Regional Workshop on November 10, 2018**. 8am-1pm 419 Holiday Court, Suite 200 Warrenton, VA

If you are interested in hosting a Regional Workshop at your facility, please contact Debbie Wilkinson @ ddwilk62@msn.com.

VACVPR Board Nominations

The VACVPR is looking for some members who would like the opportunity to become more active within the state organization!

If you, or someone you know, are interested in joining a very proactive organization that makes a difference, consider joining the team!!

We are currently seeking individuals to serve as VACVPR Board Members:

President Elect: The President-Elect is primarily responsible for our state annual conference and will serve as President the next year.

Vice President: The Vice-President shall be primarily responsible for coordinating and overseeing educational opportunities for the membership and the work of specific committees as directed by the President and Executive Board. This may include coordination of Regional Workshops.

Treasurer: The Treasurer shall be responsible for monitoring all deposits and disbursements of funds relative to all accounts of the Association and shall verify the accuracy and currency of records of such. This position is a 3 year position. The first year will be an orientation year with the outgoing treasurer. Year two will be an independent year as treasurer, and the third year will be a mentoring year to the oncoming Treasurer.

Committee Support: We have a variety of committee's to volunteer for! Vendor liaison, Newsletter, or IT.

Member at Large: This is a member who serves as a liaison between the general membership and the board. The member at large is part of the VACVPR board and will attend board meetings.

Let me give you 4 reasons why you should join our board!

1. You will meet interesting people who will add to your sphere of influence! You will be with the cream of the crop of our profession and learn more then you ever thought! Our Board members have chosen to get off the bench and onto the field!
2. You will have an experience that enriches your resume!
3. You will learn how to run an effective meeting of people who don't work for you! Perhaps you will find yourself as a committee chair. Trust me, you learn a very different set of skills than in a staff meeting. These fellow board members are volunteers, with many years of experience in our field!
4. You will stretch your intellectual and emotional muscles!

VACVPR Board Nominations

Please complete the biographical information below and email your information to Donna Gagnon, dmcernig@sentara.com by **December 1st!**

BIOGRAPHICAL SKETCH

NAME: _____

INSTITUTION: _____

TITLE: _____

PRESENT DUTIES:

EXPERIENCE: Please list the positions you have held which relate to cardiopulmonary rehabilitation.

EDUCATION: Please list the degrees and/or certifications you have obtained which apply to cardiopulmonary rehabilitation

COMMENTS: Please write a brief summary of why this position is important and what you hope to accomplish.

Robin J. Cuffe Scholarship Award

Nomination Form

Objective: To provide financial assistance to an eligible person to be able to attend the annual State Meeting.

Requirements: Nominee must be a Virginia resident currently employed in cardiac or pulmonary rehabilitation to be considered for this award.

Winner will receive Registration to the 2019 conference and hotel stay for the two nights of the conference!

Name:

VACVPR JA Member (YES/NO):

Job Title:

Job Responsibilities:

Number of Years employed in Cardiac/Pulmonary Rehab:

Employer:

Employer Address:

Employer Phone Number:

Has this individual ever attended the state conference? (Yes/No) If yes, please specify year attended:

Please include information on why this individual should be chosen to be awarded this scholarship?

Please provide this individuals contact information if chosen for this award:

Home address:

Home Phone number or Cell number:

Name of Individual Completing this form:

Relationship to Nominee:

Please provide your contact information:

Your phone number:

Your email address:

Please send to: Donna Gagnon, Nominations Chair by DECEMBER 1, 2018 dmcernig@sentara.com