

## Objectives

At the completion of this conference, the successful learner will be able to:

- ◆ Recognize the classification of Heart Failure
- ◆ Understand the treatment modalities for heart failure and role of heart transplant
- ◆ Describe the components, physiology, therapy precautions, alarms and resources for VAD patients
- ◆ Increase their knowledge of PAH pathophysiology, clinical testing, managing condition and relevant research findings in regards to cardiopulmonary rehab
- ◆ Choose one new clinical guideline to implement in their own CR practice
- ◆ Compare the reimbursement regulations reviewed to actual coding & billing practices for cardiac rehab programs
- ◆ Recognize the value of yoga practices for managing stress and acquire simple tools to share with patients in CR and PR
- ◆ Identify the risk factors and clinical symptoms associated with PAD
- ◆ Understand the proper exercise progression for patients with PAD and identify CMS requirements
- ◆ Understand how ICR differs from traditional cardiac rehab: how is it delivered and what are the results
- ◆ Identify Pulmonary Rehab best practices
- ◆ Gain knowledge of Pulmonary Rehab CMS reimbursement for the current year.
- ◆ Define CGM and list ways it may inform treatment decisions
- ◆ State the 2 diabetes drugs with cardiovascular benefit and describe the EASD/ADA medication pathway when deciding on diabetes treatment for persons with diabetes and ASCVD
- ◆ Understand non-invasive treatment options available for cardiac valvular conditions

## Continuing Edu. Credits

Application for AARC and AACVPR approved CEUs has been filed and approval is pending. The planning committee members reported no relevant financial relationships to disclose.

## Agenda Saturday, May 4, 2019

- 7:00-7:45 am** Registration and light breakfast
- 7:45-8:00 am** Opening Remarks
- 8:00-9:00 am** Wide World of Heart Failure  
*Dr. David A. Baran, M.D., FACC, FSCAI*
- 9:00-10:00 am** When Worlds Collide: Machines vs. The Machines VAD's in Cardiac Rehab  
*Brenda Smith, BSN, RN, CCTC*
- 10:00-10:45 am** Visit the Vendors and Posters
- 10:45-11:45 am** Cardiopulmonary Rehabilitation in Pulmonary Arterial Hypertension: The Basics  
*Vanessa Knowles, MSN, APRN, FNP-C*
- 11:45-12:15 pm** Business Meeting
- 12:15-1:30 pm** Lunch
- 1:30-2:30 pm** What's New in Cardiac Rehab 2019? Best Practices & Reimbursement Update  
*Pat Comoss, RN, BS, MAACVPR*
- 2:30-3:00 pm** Visit the Vendors and Posters
- 3:00-4:00 pm** Why Yoga? An Ideal Approach for Managing Stress  
*Susan Kaplan, PhD, RN, CCRP*
- 4:00-5:00 pm** The ABC's of PAD  
*Donna Gagnon, BSN, RN*

*Join us after today's conference for a Star Wars themed social event.*

*"May the 4th Be with You"*

*Location: Still Worldly Eclectic*

*Tapas*

*450 Court Street (Just a few blocks from hotel)*

*Awards will be given for the best attire, so dress accordingly!*

## Registration:

**Online:** Please visit [www.vacvpr.com](http://www.vacvpr.com) to register! Or...

**By Mail:** Please complete registration form and mail in with payment!

## Sunday, May 5, 2019

- 7:00-7:45 am** Breakfast
- 7:45-8:00 am** Welcome and Announcements
- 8:00-9:00 am** Intensive Cardiac Rehab-Is it worth the effort?  
*Sharon Henley, BSN, RN*
- 9:00-10:00 am** Pulmonary Rehab Best Practice and Reimbursement Update  
*Rebecca Kopelen, RRT*
- 10:00-10:30 am** Visit the Vendors and Posters
- 10:30-11:30 am** The 3 T's (Talk, Tech, Therapy) "Game Changers in Management of T2D"  
*Mary Lou Perry, RD*
- 11:30-12:30 pm** Advances in Structural Heart Procedures  
*Dr. Paul Mahoney, MD, Cardiologist*
- 12:30pm** Wrap-up, raffle and CEU's

## Accommodations

The VACVPR has reserved a block of rooms for your stay at the Renaissance Portsmouth-Norfolk Waterfront Hotel 425 Water Street Portsmouth, VA 23704 Call the hotel at 1-757-673-3000 and request our booking code "VACVPR" to get the group rate or use the website link when registering for the conference. Rooms are \$139/night. Rooms are limited and reservations must be made by April 3, 2019 to get the group rate. You must make your own reservation and cost is not included in the conference. PARKING FEE: \$7 per day - garage parking

## Poster Sessions

Take advantage of an opportunity to share research or a clinical aspect of your program. For each approved poster presentation, one person will receive half price registration to the conference. Deadline for submission is March 31, 2019. Email Mary Ellen Priddy at [mary.priddy@rivhs.com](mailto:mary.priddy@rivhs.com) for any questions or to submit your presentation.

This is a non-refundable  
Conference

Name: \_\_\_\_\_  
Hospital/Organization: \_\_\_\_\_  
Address: \_\_\_\_\_  
Day Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

**Early Registration**  
\_\_\_\_ Member \$150  
\_\_\_\_ \*Non-Member \$210  
\_\_\_\_ Student \$65

**Postmarked after 4/15/2019**  
\_\_\_\_ Member \$180  
\_\_\_\_ \*Non-Member \$240  
\_\_\_\_ Student \$75

**Return with check payable to VACVPR**  
Mary Beth Winney  
114 Sunny Field Rd  
Wirtz, VA 24184

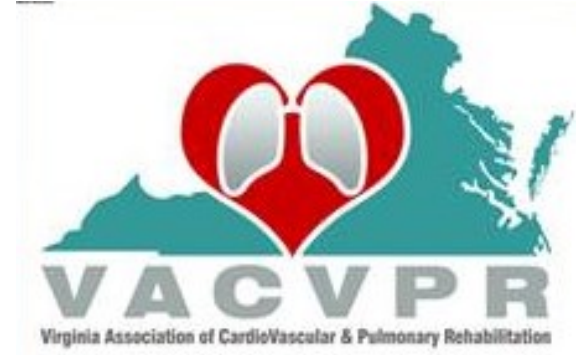
The VACVPR shares names and contact information to conference vendors.

You can now register Online at:  
[www.vacvpr.com](http://www.vacvpr.com)



Mary Beth Winney  
114 Sunny Field Rd

Brochure Sponsored by:  
 **SENTARA HEART**



32th Annual  
Conference  
May 4-5, 2019



Renaissance Portsmouth-  
Norfolk Waterfront Hotel  
425 Water Street  
Portsmouth, VA 23704  
757-673-3000