



Hello VACVPR members! We have had an exciting start to the year. We are pleased to announce our annual conference will be held at Hotel Madison in Harrisonburg, VA, May 2-3, 2020. Our theme this year is EMBRACING CHANGE in CHALLENGING TIMES. Our speakers will be discussing Updates and Best Practices in Nutrition, Stress, Exercise Physiology, Pharmacology, Management/Leadership, as well as, Tobacco Cessation including research on the dangers of the vaping trend. There will be save the date information sent in the near future, reminders on our Facebook page, as well as a link from our website for registration and hotel room bookings. We look forward to seeing you all there.

The AACVPR will be announcing soon when the Cardiac Rehabilitation Guidelines, Edition 6 will be available. We will be sending out that information as well, via email and from our Facebook page. During the National Conference in Portland, Oregon, the book was reviewed and there are many changes coming our way on how to care for our cardiac patients following best practices. It will be a great read!

Our vacvpr.com website continues to be in the building process. We have teamed up with the AACVPR and Higher Logic to assist us in building a new platform for us to share information and research in cardiac and pulmonary rehab. Our current platform is no longer easily supported so some of the information and links are out of date. Once we have the new platform in place the information will be updated and you will find it much more user friendly. Thank you for your patience as we work toward this goal!

I hope everyone had a wonderful Cardiac Rehab week, February 9-15 and are planning a fun filled Pulmonary Rehab week, March 8-14. We would love for you to share your ideas and pictures on how your teams celebrate these exciting weeks.

Lastly, I want to take a moment and thank each and every one of you for continuing to support the VACVPR through your annual joint affiliate membership, annual conference participation, participation in regional conferences and your interest in joining our board of directors and special committees. For those of you who have not yet joined the board or special committee but would like to be a part of an amazing organization, please email Jennifer Smith at jeashley@sentara.com. We would love to have you share your knowledge and special gifts with the VACVPR community.

Jennifer Smith, VACVPR President

REIMBURSEMENT QUESTIONS?

Please contact our **Cardiac Liaison: Marianne Sherman** at mariannesherman@inova.org for any questions regarding reimbursement for Cardiac Rehab

Please contact our **Pulmonary Liaison: Gerilynn Connors** at gerilynn.connors@inova.org for any questions regarding reimbursement for Pulmonary Rehab

Please contact our **PAD Liaison: Donna Gagnon** at DMCERNIG@sentara.com for any Questions regarding reimbursement for PAD Rehab

2019/2020 Board Members

President: Jennifer Smith

Past President: Ross Barber

President Elect:

Vice President: Gerilynn Connors

Treasurer: Donna Gagnon, Mary Beth Winney (Membership)

Secretary: Ciara Jones

Historian/CEU Coordinator: Cathy Reece

Standards: Linda Costello

Vendors: Wendy Taylor

Nominations and Elections:

Tammy Duncan

IT Specialist/ WEB/Newsletter: April Felts

Bylaws: Kimberly Haney

Research: Mary Priddy

Cardiac Liaison: Marianne Sherman

Pulmonary Liaison: Gerilynn Connors

PAD Liaison: Donna Gagnon

Members at Large: Renee Gerow

SCHOLARSHIP AND AWARD OPPORTUNITIES

Robin Cuffe Education Scholarship

Are you seeking the latest, up-to-date information to keep your practice current? Do you learn from others by networking and learning new tools of the trade? Robin Cuffe was passionate about our organization on both a state and national level. She was a wonderful mentor to those in our field!

This scholarship, established by Robin's husband in honor of her legacy, provides the financial opportunity for a Virginia Cardiopulmonary Rehab Professional. Someone who may be new to the field of CR/PR who would benefit from this educational offering or maybe an experienced member whose career would be enhanced by this educational offering!

The winner of this award will receive

Free registration to the 2019 VACVPR Annual Conference

Free hotel room to attend the conference

Think about a deserving individual and send me your nomination on the attached application! Deadline to receive nominations for this scholarship will be **April 5th, 2019**.

Jackie Bunn Above and Beyond Award!

Compassion, dedication, creativity...surely you know someone fitting these words. Jackie Bunn served on the VACVPR Board for many years, starting at the beginning of the organization. She helped promote our organization throughout the state.

Like Jackie, this person would heighten awareness of the benefits of CR and PR, both within the organization and in the community. Maybe this person has added new services for their program? Someone that strives to make a difference? This person is committed to professional excellence. The nominee must be an active joint affiliate member of AACVPR/VACVPR and not a Board member.

The winner of this award will receive an AACVPR/VACVPR Joint Affiliate membership for 2019!

Please send your nomination to Donna Gagnon at dmcernig@sentara.com. Deadline to receive nominations will be **April 5th, 2019**. We will make our selection and announce the winner by the end of this year so they will be ready to attend the VACVPR annual conference in the Spring!!

Thank you!

Donna Gagnon, VACVPR Nominations and Awards chair.

Do you have 5 minutes to help pass this bill for cardiopulmonary rehab programs & patients?

On March 2-3, nearly 90 AACVPR members will come to Washington DC to represent your cardiac and pulmonary rehabilitation (CR/PR) program.

HR 4838: SOS-Sustaining Outpatient Services will assure that CR and PR services are reimbursed equally, no matter the site of service. Currently, hospital outpatient services located off-campus are paid 40% of the reimbursement rate for the same hospital outpatient service if provided on-campus.

This is where your 5 minutes comes in.

Over the next two weeks (February 17-February 29), please visit the [AACVPR Take Action page](#) and send a letter to:

1. US Representative who represents your district (work AND home if those are different districts) and,
2. The two US Senators who represent your state.

The initial request template letters can be personalized and are posted for patients, professionals, physicians and medical directors, and hospital administrations.

If you already sent your letter to your US Representative, THANK YOU and please **now send the template follow-up letter, which is short and simply requests signing onto HR 4838**. "Support" does not count without a signature on the bill.

33rd Annual VACVPR Conference

The 33rd Annual VACVPR conference is fast approaching. It will be held May 2-3, 2020 at the Hotel Madison in Harrisonburg, Va. We are excited about our line-up of speakers. Our conference theme this year is **Embracing Change in Challenging Times**. We will learn about Cardiac, Vascular, and Pulmonary treatment options, best practices and ideas will be shared on how we can improve our programs.

If you have a research or clinical aspect of your program you would like to share, we have the opportunity through poster presentations. You can submit your abstract for consideration to Mary Ellen Priddy by April 1st. Please contact her at mary.priddy@rivhs.com for questions and submissions. One person from each approved poster will receive half off the conference registration fees.

Please go to vacvpr.com to register for the conference and click the link for the hotel registration. <https://reservations.travelclick.com/110365?groupID=2780149>

You can also contact the hotel directly at 540-564-0200. Mention Virginia Association of Cardiovascular Pulmonary Rehab group block arriving 5/1/2020 to ensure you receive the discounted room price. The cost of the rooms is **\$119 per night** and **\$5.00 per day for garage parking**. The cut off date to receive the discounted group rates is **4/1/2020** and all reservations must be made before this date.



VACVPR Board Nominations

The VACVPR is looking for some members who would like the opportunity to become more active within the state organization!

If you, or someone you know, are interested in joining a very proactive organization that makes a difference, consider joining the team!!

We are currently seeking individuals to serve as VACVPR Board Members:

President Elect: The President-Elect is primarily responsible for our state annual conference and will serve as President the next year.

Vice President: The Vice President shall be primarily responsible for coordinating and overseeing educational opportunities for the membership and the work of specific committees as directed by the President and Executive Board. This may include coordination of Regional Workshops.

Committee Support: We have a variety of committee's to volunteer for! Vendor liaison, Newsletter, or IT.

Member at Large: This is a member who serves as a liaison between the general membership and the board. The member at large is part of the VACVPR board and will attend board meetings.

Let me give you 4 reasons why you should join our board!

1. You will meet interesting people who will add to your sphere of influence! You will be with the cream of the crop of our profession and learn more than you ever thought! Our Board members have chosen to get off the bench and onto the field!
2. You will have an experience that enriches your resume!
3. You will learn how to run an effective meeting of people who don't work for you! Perhaps you will find yourself as a committee chair. Trust me, you learn a very different set of skills than in a staff meeting. These fellow board members are volunteers, with many years of experience in our field!
4. You will stretch your intellectual and emotional muscles!



VACVPR Board Nominations

Please complete the biographical information below and email your information to Tammy Duncan, tmduncan@carilionclinic.org by **April 1, 2020**.

BIOGRAPHICAL SKETCH

NAME: _____

INSTITUTION: _____

TITLE: _____

PRESENT DUTIES:

EXPERIENCE: Please list the positions you have held which relate to cardiopulmonary rehabilitation.

EDUCATION: Please list the degrees and/or certifications you have obtained which apply to cardiopulmonary rehabilitation

COMMENTS: Please write a brief summary of why this position is important and what you hope to accomplish.

Jackie Bunn Above and Beyond Award

Nomination Form

Objective: To recognize a VACVPR member that has gone above and beyond in the field of cardiopulmonary rehabilitation.

Requirements: Nominee must be a VACVPR Joint Affiliate (JA) member to be considered for this award and board members are not eligible.

Winner will receive free registration to our annual VACVPR Conference in 2020

Name and contact information of individual completing this form:

Name:

Phone #:

Email:

Your relationship to nominee:

Name of individual you are nominating for this award:

Name:

VACVPR JA Member (YES/NO):

Title: Responsibilities:

Number of year's nominee has worked in Cardiac/Pulmonary Rehab:

Why should this individual be chosen to be awarded this scholarship? (Please type a paragraph or two in this section):

Please send to: Tammy Duncan, Nominations and Elections Chair by April 1, 2020 tmduncan@carilionclinic.org

Robin J. Cuffe Scholarship Award

Nomination Form

Objective: To provide financial assistance to an eligible person to be able to attend the annual State Meeting.

Requirements: Nominee must be a Virginia resident currently employed in cardiac or pulmonary rehabilitation to be considered for this award.

Winner will receive Registration to the 2020 conference and hotel stay for the two nights of the conference!

Name:

VACVPR JA Member (YES/NO):

Job Title:

Job Responsibilities:

Number of Years employed in Cardiac/Pulmonary Rehab:

Employer:

Employer Address:

Employer Phone Number:

Has this individual ever attended the state conference? (Yes/No) If yes, please specify year attended:

Please include information on why this individual should be chosen to be awarded this scholarship?

Please provide this individuals contact information if chosen for this award:

Home address:

Home Phone number or Cell number:

Name of Individual Completing this form:

Relationship to Nominee:

Please provide your contact information:

Your phone number:

Your email address:

Please send to: Tammy Duncan, Nominations Chair by April 1, 2020 tmduncan@carilionclinic.org